

# My Personal Reflection

2012

After this trip to Belgium - Namur, I look back at the participation in this project that was really rich for me, not just in a professional and intellectual level, but also personal.

Concerning my personal experience, I feel a more creative person, with a more fertile imagination and more adapted to the children. Although I was a bit afraid at the beginning, I didn't give up and I fought to make of these weeks a unique and unforgettable experience. These fears I think they're common for the rest of the participants like, for example, afraid not be able to communicate and/or that the others couldn't understand me and afraid that I wouldn't adapt to a group with persons of different nationalities.

At the professional level, with this project I will be able to be more open minded and more creative in the construction of activities with the children. This experience will be also very important because in the future, when I'll be teaching and have a student of a different nationality I'll know how to act.

Interculturally, I have learnt some amazing people: people who just smile at you when you look at them. Initially I thought I wouldn't get along with them and now I cry just thinking that this project has an end and that soon each one of us will go to each country and probably I won't see them again, that makes me sad. But it was great to know and to share this experience with them.

I'll take some memories, for example, of the activities, the ones I liked the most were the parachute because it's a great *ice breaking* game, searching for treasures in the forest because with this activity our imagination wins wings to fly, and the imagination in the children is something so pure that we should take profit of it as much as possible. I really liked the nights prepared by each country, because they're great in the end of a big day of work, we could have fun and at the same time we could learn more about the other students.

To the people that probably in the future will participate in this project or in others in the same style, I wish that they enjoy the maximum all the experiences, the intensive programme, but in the end... oh, in the end, you'll want to come back, you'll want to take with you some persons that you met here, you'll wish that a project like this will be realized in your school so that people can be close to you again. Make friends, enjoy and be happy!

I have already tried and I liked it a lot, so for the others dare do this experience and come to live in the nature.

I thank to all the persons who made this possible.

**Ana Sofia Bento - Portugal**

