

Self-reflection

Hi there, it is been a while, but I didn't forgot you. So, I will present you my self-reflection. Hope you enjoy what you read.



Personal

I have problems with trusting people. It is really hard for me to do that and these two weeks we had a lot of blindfolded games and I did them all. I am really proud of myself. It is a boundary that I overstepped. I still think it is scary and I still don't like it, but I did it.

Something else for me was being in a large group. I am a silent girl and through the first week it really was like that, but I'd become more open every day. There were a lot of moments that I really had fun and I will be happy and sad that this will be all over. In the second week some people started to have frustrations, so it is the best that it doesn't take any longer. We are a 'close' group and I loved a lot of people, it is not worth ruing that for some frustrations. We are all different, we are who we are, we shared many moments for two weeks. I think it was great and I think that it brought our countries together. I had fun in the big group and that was a lot for me.



Professional

What I learned about working with children in the forest is that we go too little to the forest. You can do so much in the forest and if you look very good you see so much, even more than you can think. I

have so many ideas right now and some of them I want to use in my teacher practice. Monday we went to the children and we talked about fairies when we left and now they are so curious. It is great. I will try to put the elf soccer into my practice, because it was really nice. The other thing that I want to do, is to let the children draw and colour with natural materials.

Wednesday we went to the children for a second time. The languages we spoke were no barriers. We were one group. I think when you really want it, you can achieve it. If you really want to talk with the children, you do it with your body. That is an important thing for your further professional life. It doesn't matter what you speak, what you say, it matters to be yourself and give the best of you.

Children feel it and it says more than words.



Intercultural

Two weeks with a lot of people you hardly understand. It was a challenge, but I went through it and it was really fun. Sometimes it was even more fun than speaking with the students who spoke the same language. Living this two weeks together really helped my English, German and French. I loved it that I spoke French against the children and they understood it. I was so happy. I think if you really try hard, you do your best and you are really motivated you can understand everybody.

Every evening we eat something from another country. It was an experience and we used our senses. You not only use them in the forest, but you also use them for discovering other cultures. I learned a lot in those two weeks. I want to bring the cultures into my class later and I also want to bring it at my home and let other people discover the same things I discovered. Other cultures can be interesting and we can learn a lot of them. I hope I get all the recipes.