

Stand all on a tree trunk (C2)



<u>Target group</u>	4-5 years old
<u>Material</u>	Tree trunk
<u>Procedure</u>	<ul style="list-style-type: none">- Show to the children how we can do to stay all on the same trunk.- Ask them to go all on the trunk and stay as long as possible.
<u>Variations</u>	<ul style="list-style-type: none">- Sing a song on the trunk.- Listen to the sounds of the nature.- Stay on one leg.- Stay hands up.- Take pictures when everyone is jumping down from the stump. (Each child can say his name when he jumps down)
<u>Aims</u>	<ul style="list-style-type: none">- Discover one's physical capacities.- Dare make new experiences in the nature.

	<ul style="list-style-type: none"> - Dare use one's body in the nature. - Learn to collaborate in a common project. - Dare trust each other. - Enjoy listening to other songs.
<u>Comments</u>	

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