



<u>Target group</u>	4-5 years
<u>Material</u>	 Scarf (something to blindfold children) Thread Home made squirrel (natural elements)
<u>Procedure</u>	 Tell the children that the squirrel wants to walk, and they have to choose which way is the best for him so that he does not hurt himself or fall. Make a way to follow with the thread with the help of the children. Have the children follow the way by touching the thread (not blindfolded). They do the same way but blindfolded.
<u>Variations</u>	
<u>Aims</u>	 Discover one's physical capacities. Dare make new experiences in the nature. Dare propose ideas. Dare use one's body in the nature. Learn to collaborate in a common project. Discover reliefs, obstacles while walking, running, being



	 blindfolded. Discover one's body in relation with the environment on different types of ground.
<u>Comments</u>	

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