



| <u>Target group</u> | 4-5 years  |
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| <u>Material</u>     | <ul> <li>Scarf (something to blindfold children)</li> <li>Thread</li> <li>Home made squirrel (natural elements)</li> </ul>   |
| <u>Procedure</u>    | <ol> <li>Tell the children that the squirrel wants to walk, and<br/>they have to choose which way is the best for him so<br/>that he does not hurt himself or fall.<br/>Make a way to follow with the thread with the help of<br/>the children.<br/>Have the children follow the way by touching the<br/>thread (not blindfolded).</li> <li>They do the same way but blindfolded.</li> </ol> |
| <u>Variations</u>   |  |
| <u>Aims</u>         | <ul> <li>Discover one's physical capacities.</li> <li>Dare make new experiences in the nature.</li> <li>Dare propose ideas.</li> <li>Dare use one's body in the nature.</li> <li>Learn to collaborate in a common project.</li> <li>Discover reliefs, obstacles while walking, running, being</li> </ul>   |



|                 | <ul> <li>blindfolded.</li> <li>Discover one's body in relation with the environment on different types of ground.</li> </ul> |
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| <u>Comments</u> |  |

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