

Move to the music (C1)



<u>Target group</u>	All ages
<u>Material</u>	CD with any kind of music (slow, fast, loud, quiet)
<u>Procedure</u>	<ol style="list-style-type: none">1. Play the CD and tell the children to move to the music2. If it's fast they should move fast, if it's slow they should move slow, etc. through the whole room3. If the music stops the kids have to freeze in their position4. And if it starts again they have to go back to moving
<u>Variations</u>	<ol style="list-style-type: none">1. Do it outside instead of in the classroom - plenty of space2. Don't play a CD, make the music yourself (with any

	kind of instrument) 3. Tell the kids that when they freeze they should look like an animal
<u>Aims</u>	<ul style="list-style-type: none"> - Get to know their body with different movements - Refine one's auditory perceptions - Discover rhythm - Explore space around them
<u>Comments</u>	

A. Bukelyé - M. Boxus - I. Corremans - K. Dobri - M. Hernandez Fernandez Shaw
 - K. Wochele