

# Act like me (C1)



<u>Target group</u>	All ages
<u>Material</u>	Chicken (Fluffy toy) , CD with instrumental music
<u>Procedure</u>	<ul style="list-style-type: none"><li>• The teacher tells the children to form a circle.</li><li>• The teacher plays instrumental music. The children act like chicken. When the music stops, the children have to freeze in their chicken position, when the music comes back, they keep acting like a chicken, it stops again, they freeze, and so on....</li><li>• Teacher acts like he is a chicken.</li><li>• Teacher asks children also to act like a chicken.</li><li>• When the music stops, the children have to freeze in their chicken position, when the music comes back on they keep acting like a chicken, it stops again, they freeze, and so on....</li><li>• The teacher shows the fluffy chicken and tells the</li></ul>

	<p>pupil that they will have to follow him.</p> <ul style="list-style-type: none"> <li>• Then the teacher tells the children that one person is a cock, the cock can walk around the circle and when he touches you, you have to follow him. And act like him.</li> </ul> <p>The teacher is first the cock and he touches a child and then the child follows the teacher and acts like him. After some time the teacher chooses someone else to be the cock. They follow the cock because he is the leader.</p> <ul style="list-style-type: none"> <li>• The teacher puts music on and the can play the game.</li> </ul>
<u>Variations</u>	<ul style="list-style-type: none"> <li>• Other theme (animal or thing like e.g. sun, ...)</li> <li>• Do the walking behind the cock game with two cocks, and the one row with the most children behind them wins.</li> </ul>
<u>Aims</u>	<p>Make the difference between music and silence Control one's body and be able to stop moving when the music stops. Act in the same way as someone else (in the game where the cock touches a child and they have to follow him).</p>
<u>Comments</u>	

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