

# Parachute games



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| <u>Target group</u> | Age : 4-6  |
| <u>Material</u>     | Parachute<br>Place with a lot of space   |
| <u>Procedure</u>    | <ul style="list-style-type: none"><li>- Go outside with the children.</li><li>- You lay the parachute open. Every child chooses a colour to hold.</li><li>- Everyone sits down and they have to hold it at the height of their waist.</li><li>- Now we do the first game: cat and mouse: one child is the mouse and gets under the parachute. One child is the cat and has to stand on the other side of the parachute. Now the cat has to catch the mouse. The children will try to hide the mouse by moving the parachute up and down. After a while you can change the cat and the mouse.</li><li>- Singing</li><li>- Changing with the colours they wear. Depending on the colour the children are wearing they change the</li></ul> |

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|                   | <p>movement they make with the parachute.</p> <ul style="list-style-type: none"> <li>- The last game is the sea: the children can stand now and hold the parachute. Someone tells about the sea and the wind. When it is quiet you move the parachute slowly and still, when the sea is getting wilder you can move the parachute harder and faster.</li> </ul> |
| <u>Variations</u> | <ul style="list-style-type: none"> <li>- You can do other games to: mushroom, umbrella, earth around the sun,...</li> </ul>   |
| <u>Aims</u>       | <p>Cooperation: children need to work together<br/> Children develop their muscles through physical activity<br/> Discover one's body in relation with the environment: running, crawling,...</p> <p>Enjoy listening to other sounds/ words in other languages.<br/> Play with other sounds/ words in other languages</p>                                       |
| <u>Comments</u>   |   |

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