

Jumping between the branches (3) A1



<u>Target group</u>	Age: 5-6
<u>Material</u>	<ul style="list-style-type: none"> - Branches from the wood
<u>Procedure</u>	<ul style="list-style-type: none"> - The children collect branches (one child = 2 branches) - Make groups (5 children in one group) - The teacher puts the branches in horizontal order on a way. For every group there must be one way and the same number of branches. - The children stay in a line. When the teacher counts 1,2,3, one child for every group starts to jump between the branches. When the 1 child has finished the second starts to jump, - The winner is the group who finishes jumping first.
<u>Variations</u>	<ul style="list-style-type: none"> - Jumping on one leg. - Jumping in pairs.

<u>Aims</u>	<ul style="list-style-type: none"> - It's a physical activity - To feel a member of a team - The children have to jump over the branches, be precise in their movements - The children have to be fast.
<u>Comments</u>	

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