

Express your mood in the wood (A1)



<u>Target group</u>	Age: 4-6
<u>Material</u>	<ul style="list-style-type: none"> - Collect different elements from the forest - Sheets of paper
<u>Procedure</u>	<ul style="list-style-type: none"> - The children collect things they like. - With the elements they have collected, they create something to explain how they feel, their mood. <p>For example: are they happy or sad → they use different kinds of materials and colours.</p> <p>They can explain why they have chosen this or that element to express this or that kind of mood.</p>
<u>Variations</u>	<ul style="list-style-type: none"> - Make a creative group and work together. - In autumn you can work with the colours from the leaves
<u>Aims</u>	<ul style="list-style-type: none"> - Become self-confident - Express feelings in a non-verbal and a verbal way - Become aware that one element of the nature may have different meanings for different people. - Make new experiences in the nature
<u>Comments</u>	

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