## SELF-REFLECTION

-Personal-

English, fun, knowledge, new experiences, international students... What else can I ask for? I can not find the words to describe this experience. It has been amazing and unique. I know it will not happen again because I can not meet for the first time the same people.

Personally, I've got more confidence when talking to people I did not know before. Shyness disappeared while dancing, singing and mixing myself with different kind of people.

Sometimes I felt a little bit rushed of time and working under pressure because of the strict schedule we had to follow, specially the first week.



Finally, I have realized that our education system is not as good as I thought regarding the English language. I could see that the other countries were able to speak better that than the Spanish reople who have English than the Spanish reople who that they English than the Spanish reople who that attended to this program. It seemed that they attended to this program. It seemed without attended to this program. It have to say and do it in an easy way and without effort at all. Just to relieve, I have to say effort at all. Just to relieve, is better than the because norwadays the level is better than the because norwadays the level is chool. one I had when I went to school.



## -Intercultural-

I have developed my patience. It is difficult to work with so many kinds of people and cultures but, it is also a great experience. I have learnt a lot about all of them. I have also enjoyed my time with people from the other countries, I really liked to spend my time with them and also speak with them in English because it has improved my language, my fluency and it has also increased my desires to keep on studying this language.

On the other hand, I have not feel at ease when talking about punctuality or assistance to international evenings and dragon stories... Some people have not even attended to some of these activities (on a regular basis), what means a lack of respect to the ones who have to do the presentation and for the ones who have also things to do (like them). It has created a bad atmosphere in the environment since some of us wondered why we were there on time if nobody else did it. "Respect if you would have others respect you."

Fortunately, I carry with me only the good things. I have enjoyed a lot with all the students because all of them have something interesting to say. In spite of the language, we can understand everything and we can make good things together.



## -Professional-

I have learnt a lot of activities which I will use FOR SURE in my professional future. Creating a Toolbox is a nice idea to have everything in the same place that all of us can use for our children.

The experience in the school has been amazing, motivating and also rewarding. We just talked in English and... they understood us! Gestures and expression played the main roles. It made me think that sometimes we, the adults, do not communicate with other people in a proper way just because we don't want to.

Finally, I would like to mention the group activity which we went blindfolded through the city center. The experience was not as horrible as the very beginning (we did the same with our roommate). I think the group strengthens confidence, I felt like we all were a community and we could do whatever together. The same happens with Education, we have to work cooperatively to get better results  $\odot$ 



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