

Taste, touch and smell



<u>Target group</u>	<ul style="list-style-type: none">• Age: 2 - 6
<u>Material</u>	<ul style="list-style-type: none">• Food• Objects• Plants
<u>Procedure</u>	<ul style="list-style-type: none">• The children are blindfolded so that they can't see the object, the plant or the food they are going to taste, smell and the texture;• First we give something for them to taste and they have to guess what it is;• Then we do it with the plants for them to smell and guess and finally objects for them to touch and guess;

<u>Variations</u>	You can do it with food : taste, smell and touch with the same elements.
<u>Aims</u>	<ul style="list-style-type: none"> • Children learn how to express the characteristics of what they touch, taste or smell. • Children learn how to distinguish odours. • They get to know themselves, what they like, what they don't like, etc. • It develops the visual auditory, tactile, olfative and gustatory memories.
<u>Comments</u>	