

Hide and seek - children's rules



<u>Target group</u>	5 - 6 years old
<u>Material</u>	Nothing.
<u>Procedure</u>	We play hide and seek, with the classical rules at the beginning, after a while one child makes a rule. A little while later, the second child makes a rule and so on...
<u>Variations</u>	One rule could be: hop on one leg, sneak, jump, crawl and so on... what the children like...
<u>Aims</u>	To make the child take ownership in the game, To gain confidence and trust oneself... also to discover the surroundings from a different perspective..
<u>Comments</u>	The game can be as long as you want... Don't overdo it! It's better to play it again later than to get bored!