

# Feeling boxes

(Put your feet inside)



<u>Target group</u>	5 years old
<u>Material</u>	<ul style="list-style-type: none"> <li>- A park or garden</li> <li>- 6 boxes ( to put the 2 feet inside ; with one natural element in each box)</li> <li>- Natural elements</li> </ul>
<u>Procedure</u>	Children are in a park. They remove their shoes and walk in the park. They observe all elements around them. After that, blindfolded. One after the other, children walk in the different boxes (one with grass, one with water, flowers, stones, leaves, zibeline,...) They must try to find what element it is.
<u>Variations</u>	<ul style="list-style-type: none"> <li>- Do it with some materials of the classroom (paper, pencils, sweet packaging, pillows,...)</li> <li>- Touch with hands and no with feet</li> </ul>
<u>Aims</u>	<ul style="list-style-type: none"> <li>- Refine one's tactile perceptions               <ul style="list-style-type: none"> <li>• Learn to distinguish different characteristics of different materials</li> </ul> </li> </ul>



	<ul style="list-style-type: none"> <li>• Learn to identify elements from the environment by touching them</li> <li>- Develop one's visual, auditory, <span style="border: 1px solid black; padding: 0 2px;">tactile</span>, olfactive and gustatory memories.</li> </ul>
<u>Comments</u>	<p>Make sure that the space is well limited</p> <p>Take a pharmacy (for small cuts, stings,...)</p>