

Pine cone juggling (A2)



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| <u>Target group</u> | Age : 4 - 6 |
| <u>Material</u> | Pine cones Chronometer |
| <u>Procedure</u> | <ul style="list-style-type: none"> - Pick up some pine cones in forest - Experiment, play with pine cones - Juggle with pine cones - Make pairs, and they juggle the way they want - Merge two group, so they become 4 and later 8 |
| <u>Variations</u> | <ul style="list-style-type: none"> - Make one group with all children. They form a circle - 2 rules : <ol style="list-style-type: none"> 1: pine cone has to stay in the air (not on the ground) 2: you can't pass to the person next to you 3: you have to remember the order you throw the pine cone 4: one person begins, and one person closes the game - The first one who begins throwing the pine cone. - The teacher records the time. - The team has to pass pine cone as fast as possible. - They repeat the exercise until they have reached the result they want to. |

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| | <ul style="list-style-type: none"> - Instead of catching with the hand you can use a box to catch the pine cone. |
| <u>Aims</u> | <ul style="list-style-type: none"> - Observation - Get to know others, cooperation - Become self confident because you give the ideas for group, and it works and because you are proud of what you have achieved. - Discover the reflex and the capacity, become aware of kinesthetic information |
| <u>Comments</u> | |

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