## Hide and seek (A1)



| Target group      | Age: 4-6   |
|-------------------|--|
| <u>Material</u>   | None   |
| <u>Procedure</u>  | <ul> <li>Pick one child for counting</li> <li>While the child is counting, the others hide in the neighbourhood</li> <li>The child who counted looks around and tries to find the others</li> <li>If the counter does not find anybody, all children come back.</li> <li>The game starts again and the countdown will be shorter every time</li> <li>For example: <ul> <li>first time: up to 10</li> <li>second time: up to 9</li> <li></li> </ul> </li> </ul> |
| <u>Variations</u> | <ul><li>The children hide in pairs.</li><li>2 counters</li></ul>   |

|                 | <ul> <li>When all the children are hiding, the counter counts again, the<br/>children have to touch the counter and hide again.</li> </ul>  |
|-----------------|---|
| <u>Aims</u>     | <ul> <li>Be quiet</li> <li>Observe</li> <li>Be fast</li> <li>Be creative to find new places to hide.</li> <li>Get to know yourself and become self-confident by making new experiences in the nature.</li> <li>Refine your tactile perceptions</li> <li>Listen to the silence and sounds.</li> <li>Become aware of kinesthetic information</li> <li>Looking for things from another perspective.</li> <li>Learn to observe in details.</li> </ul> |
| <u>Comments</u> |   |

C. Göpfrich – S. Keulemans