

Blindfolding (A1)



<u>Target group</u>	Age: 4-6
<u>Material</u>	- Scarves
<u>Procedure</u>	<ul style="list-style-type: none"> - Make pairs : one child is blindfolded with the scarf, the other one is the leader - The leader leads the blind through the wood - Discussion about how you feel when you are guided by someone else. - Exchange roles.
<u>Variations</u>	<p><u>Blindfolding</u></p> <p>a) The children make pairs, one of them closes his eyes, the other gives to the blind something special from the wood and the blind one has to feel this special thing. Afterwards the blind one should tell the other what this special thing could be. He can explain how he recognized it or why he made a mistake.</p> <p>b) The children build pairs, one of them closes his eyes, the other leads him around to a special point in the area (not to far). The blind one has to feel, to smell, to taste (be careful!) the special point, then they come back to the starting place, the blind one opens his eyes and has to search for the special place in the area, by only knowing how it feels and smells.</p>

	<p>This part could be done step by step :</p> <ul style="list-style-type: none"> - First choose something in front of you, the blind one closes his eyes and feels, opens his eyes and feels again by seeing the object in front of him. <p>Then you increase the distance step by step. You could take the same or different objects.</p> <p>The last step is as described above.</p> <p>The children are in pairs, one of them closes his eyes, the other leads him around the area. The blind one gets to know the area by his other senses.</p>
<u>Aims</u>	<ul style="list-style-type: none"> - Trusting others - To get to know others - Using the other senses more intensively - Get to know yourself and become self-confident by making new experiences in the nature. - Refine tactile perceptions and also learn to distinguish tastes and smells. - Listen to the silence and sounds. - Become aware of kinesthetic information, e.g. being blindfolded. - Looking at things from another perspective. - Learn to observe in details.
<u>Comments</u>	

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