

# My Personal Reflection

My coming to this Intensive Program, was conceived and reflected from the first day they informed me and asked if I was interested.

At the beginning I was very motivated, but also a little reticent. I really wanted to come, I knew it was a unique experience, both personal, professional and intercultural, but because my language skills in relation to the English language were not the most favourable, I thought of abandoning this opportunity. But then I thought, and I wondered, why not inform me first, learn more details about this intensive program?

It was exactly what I did, I talked to my teachers, they gave me the necessary information and above all supported me and encouraged me not to give up this opportunity, that would be no problem of not being comfortable with the English language, because I could manage with Spanish or Catalan and it would be great.

I was also more motivated, because I knew that it would be with two friends of mine, both one and the other fairly well mastered the English language, and knew they would help me in everything I needed. I always had the notion that this program would help me practise and develop English. The decision, there I go, on the way to Barcelona!

I confess that there were times when I felt more down, times when I thought that the fact of not being comfortable with the English, was to influence my relationship with the group, but got over it and tried to integrate me, talking, expressing myself.

On a personal level, it enriched me, I learnt about new cultures of other countries, different people, it was great to exchange experiences, learn a little of the pre-school and primary of other countries. The activities, songs, performances, workshops, were very enriching for me. The preparation and implementation of

activities for the kids were great experiences, it was quite interesting to hear the nursery school teachers, to have contact with children and educators, conducting activities with them.

It was a very important experience, that awakened my creativity in the activities, and I learned a lot that I will certainly apply in my future profession as an educator.

It is important to encourage children since they are very young, to learn and create with all the senses.

I really enjoyed this experience, two weeks will be in memory!