

Self reflection

I decided to participate in the intensive program in Barcelona, because I love traveling and meeting new people, but also because I like languages. I always wanted to study abroad, so when I heard about the intensive program, I directly decided to participate.

I came like an adventurer, with sneakers and backpack, ready to embark... Are you ready? 5,4,3,2,1... go! From Belgium to Barcelona, there are some miles of differences. There is sun here, the houses with such creative architectures made in Gaudi, shorts, sunglasses, lots of vegetables... a taste of summer. But before all, it's an intensive program... and I recognize that the program was loaded and the emotions were really intensives.

As this is an international program and that each of us spoke a different language, we had to communicate in english. At first it was a little bit difficult for me because I had 6 years of english at high school but we don't have any english classes at my university. So, I really tried to apply myself and, step by step, it became easier to express myself.

At first I was a little bit afraid, because I came alone from my city and I didn't know anybody. I think it's easier and reassuring when you come to this kind of program with people you know, cause you can see familiar faces. But, what I have learned during these two weeks, is "if you take the time to know the people, these unknowing faces will become familiar faces." Here I found FRIENDS, let's see... 😊





During these two weeks I learned a lot. First, all the activities we participated were so good and original, that I really enjoyed it and I would like to use all these activities in my future job.

Also, I really enjoyed animating three days in a Spanish kindergarten school. It was a pleasure to spend time with them and see that our activities worked well. It was a very rich experience because I could see that there were differences between the kindergarten school in Belgium and those of the others countries.

During this program, we also exchanged our different points of view and original ideas. But also, I discovered a lot about the other cultures, I learned that education systems are very different in the other countries. Then, I discovered a lot of beautiful landscapes and places in Barcelona.



So I go back home with a head full of good ideas and good memories.

These two weeks in Barcelona have made me grow. I met new people, new cultures, different ways of thinking, new activities, but I also learned that this kind of international experience makes you feel extraordinary things. I met great people with so many qualities that I will really never forget, and I hope to see them very soon 😊

Melissa Caiola – Liège (Belgique)

