

TRIP TO FOOD-HALL



<u>Target group</u>	5 years old
<u>Material</u>	<ul style="list-style-type: none"> • Papers • Pencils • Picture of the well-known cook Mario Santiago (or any other one)
<u>Procedure</u>	<p><u>IDEA :</u> The idea is that we go to a typical Spanish food-hall. The food-hall is filled with little shops indoor that sell all kinds of foods. You have a fruit-shop, a vegetable-shop, a meat-shop, a cheese-shop,...</p> <p><u>PREPARATION BEFORE TRIP:</u> -Create a patron-saint (genius loci) for the food-hall and make sure that you have a picture of him or a puppet and make a little story about him. Example: Mario Santigo is a famous Spanish cook who had a restaurant right in the middle of a shop. He was really fat, had curly moustaches and was very kind. Everybody knew Mario and Mario knew everybody. He loved cooking and was always creating new recipes. He took long walks through the food-hall for inspiration.</p> <p><u>IN THE FOODHALL:</u></p> <ul style="list-style-type: none"> - Take a walk around the food-hall - If you have the opportunity let the children taste different foods and talk about them - Find a good spot and sit in a circle with the children - Tell the story expressively (with photos /puppets/...) - Close the eyes, listen and smell the surroundings for 2 minutes. - Now the children get a piece of paper and a pencil. They now go around the food-hall and draw 1 piece of food (example: banana, steak, piece of cheese, carrot,...). When they have finished their drawings they come back together in the circle and an lay them down in the middle. - Now we have all the children's drawings in the middle of the



	<p>circle, we talk about what we see and try to create a totally new recipe/menu with all the pieces of food that the children have drawn. (exercise using the children's imagination).</p> <p>Because we have all sorts of foods in the middle of the circle the recipe will turn out very funny, but that's a lot of fun!</p>
<u>Variations</u>	<ul style="list-style-type: none"> - If you have the opportunity you can buy the food and make the menu in the classroom - Another patron-saint (genius loci) -...
<u>Aims</u>	<p><u>Competences to observe the environment</u></p> <ul style="list-style-type: none"> -Tactile perceptions -Olfactory and gustatory perceptions -Auditory perceptions -Learn to observe details <p><u>Competences in the different subject areas in order to discover the environment</u></p> <ul style="list-style-type: none"> -Art
<u>Comments</u>	<ul style="list-style-type: none"> - Children can learn about different foods - Make sure that you make rules and restrictions about the area the children can go to in the food-hall -Make sure you've got all the information about allergies of all the children in your class - Perfect activity on a rainy day

