

Mirroring the teacher

<u>Target group</u>	5- 6 years old
<u>Material</u>	Woola woop hoop
<u>Procedure</u>	<ol style="list-style-type: none"> 1. The teacher plays some relaxing music. 2. All the children get together in a group with the teacher in front of them and every one must have a woola-woop hoop. 3. The teacher makes movements: raise the right hand, raise the left foot, stand in the circle (woola -woop) and so on. The children imitate him like in a mirror.
<u>Variations</u>	Do the activity in pairs of two children, one mirroring the other.
<u>Aims</u>	<ul style="list-style-type: none"> • Develop the concept of 'laterality' and the knowledge of their body; • Develop the capacity of concentration; • Relaxation
<u>Comments</u>	



