

Emotions

<u>Target group</u>	4 to 6 years old
<u>Material</u>	Coloured pencils, felt-tip pens. Candy wrapping paper
<u>Procedure</u>	People have all the time experiencing a lot of emotions. Usually you can see the emotions on the face. Mimics - is the ability to express emotional states. But emotions can be shown otherwise, for instance with the hands. Ask children to express emotions with hands: joy, anger, fear, sadness, love, friendship, hatred. They can also express emotions with drawings, choosing wrapping paper, etc.
<u>Variations</u>	<ul style="list-style-type: none"> • It's possible to express emotions with a sound. • Let the others guess what kind of emotion you want to show.
<u>Aims</u>	To teach children to express their emotions in different ways.
<u>Comments</u>	

