

Warming-up activities "The Fire Ball"

<u>Target group</u>	5-6 years old
<u>Material</u>	Just use your body
<u>Procedure</u>	Children make in a circle and they have to imagine the fire ball. One child has to start, he has to throw the ball to another child and he says 'Woou'. When the other child catches he goes on with the same procedure.
<u>Variations</u>	To make it more difficult you can throw the ball using your eyes, children have to communicate with eyes.
<u>Aims</u>	To concentrate To communicate without words To include every child in the group.
<u>Comments</u>	Do it in an open area.

