

Mirrorgame



<u>Target group</u>	3-6 years old
<u>Material</u>	None
<u>Procedure</u>	<u>1. Observe the atmosphere</u> First we go to the park/plain and walk around and look around. Then we make a big circle so we can talk and tell what we are going to do. The children use all their senses to perceive the atmosphere (smell, feel, listen, touch, see).



Education and Culture DG

Intensive Programme – 2013

Discovering, creating and learning with all senses

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	<p><u>2. Make statues</u></p> <p>The children are divided into pairs. They stand in front of each other, so they can look at each other.</p> <p>The children use all their senses to get on the atmosphere (smell, feel, listen). Inspired by their observations, one child makes a statue. The other child observes the statue and slowly moves his body into the same position. When the two statues are mirrored, they stand still for a second and then the other child moves into a new statue. When the exercise is done very well, you should see two children move very very slowly, without noticing who is leading and who is following.</p>
<u>Variations</u>	<ul style="list-style-type: none"> - The same exercise, but now one of the two children begins, without speaking about it and without pointing someone as the leader. This exercise requires concentration, because they need to feel an atmosphere between each other. - The children are divided into pairs. One is the statue, the other one is the sculptor. The sculptor manipulates the statue, to make a unique statue that reflects his feeling about the place. - ...
<u>Aims</u>	<p><u>Social -emotional competences</u></p> <ul style="list-style-type: none"> - Get to know yourself and others: discover our own body. <p><u>Competences to observe the environment</u></p> <ul style="list-style-type: none"> - Learn to collaborate in a common project (look at each other)
<u>Comments</u>	/

