



Target group	5-6 years old
Material	None
Procedure	The children pair up. In each group, one child gets on his knees and leans down (to represent the car) and the other one sits beside him and follows the instructions of the teacher
	Ex: We put water on the car (the children massage with their fingers.
	We put soap : the children rub the back of the other
<u>Variations</u>	We could use tennis balls to massage the back of another person.
<u>Aims</u>	Socio-emotional : dare to trust others (the partner who massages)
	Discover one's physical capacities, dare.
<u>Comments</u>	